

Grŵp Traws Bleidiol ar Anhwylderau Bwyta Cross Party Group on Eating Disorders

Minutes of the last meeting

25 September 2018

Media Briefing Room, Senedd

IN ATTENDANCE:	
Bethan Sayed AM (Chair)	South Wales West / Plaid Cymru
Natasha Withey (Secretary)	Gofal
Ewan Hilton	Gofal
Jacinta Tan	Swansea University / ABMUHB
Gemma Johns	Swansea University
Menna Jones	T3 ED Team Clinical Lead Cardiff and Vale / Cwm Taf UHB
Jo Whitfield	Beat
Tom Quinn	Beat
Catrin	Parent
John	Parent
Lee Waters AM	Llanelli / Welsh Labour
Adam Price AM	Carmarthen East and Dinefwr / Plaid Cymru
Dr. Ahmed Darwish	Cwm Taff University Health Board
Gerrard McCullagh	Aneurin Bevan University Health Board
Kath Whatley	Aneurin Bevan University Health Board
Kim Palmer	EDOS
Helen Missen	Carer
Martin Ball	Independent TBC
Gwenllian Dafydd	Independent
Sarah Morton	EDOS

Welcome and apologies	Actions
Bethan Sayed AM welcomed attendees of the Cross Party Group on Eating Disorders.	
BS welcomed Assembly Member Adam Price and Lee Waters and stated	

Grŵp Traws Bleidiol ar Anhwylderau Bwyta Cross Party Group on Eating Disorders

<p>that Lee Waters also chairs the Cross Party Group on Mental Health, adding that it is good to have synergy between the two groups.</p> <p>RECEIVED: Apologies from absent members</p> <ul style="list-style-type: none"> • Manon Lewis • Caroline Winstone • Iwan Williams • Dr Robin Glaze • Samantha Sharpe • Wendy Clarke 	
Minutes from the last meeting	Actions
<p>APPROVED The minutes of the last meeting.</p>	<p>NW to send to Table Office</p>
Eating Disorder Service Review	Actions
<p>BS welcomed the positive feedback regarding the work that Jacinta Tan and Gemma Johns [Swansea University] have been conducting and noted that the group looks forward to hearing more during the meeting.</p> <p>MJ gave a presentation providing an overview of how services are organised for eating disorders in Wales now compared to the design of the Eating Disorder Framework in Wales in 2009.</p> <p>BS thanked MJ and noted the importance of this Cross Party Group, which has been instrumental in lobbying for and instigating the 2016 review.</p> <p>BS also enquired about the additional money that had been allocated towards transitioning - asking if it had been allocated to the places that we needed it to reach.</p> <p>JT confirmed that the money had been allocated to transition as intended.</p> <p>Some concerns were raised that despite the money being allocated an improvement to the service is yet to be experienced.</p> <p>BS acknowledged that the entire service cannot be changed</p>	

Grŵp Traws Bleidiol ar Anhwylderau Bwyta Cross Party Group on Eating Disorders

<p>immediately, explaining that this is one of the reasons for this group's existence; to lobby government to make the changes that are needed.</p> <p>JT gave a presentation outlining the Emerging Eating Disorder Service Review Model, the workshops and research that has been carried out as part of the review along with recommendations and emerging themes.</p> <p>BS asked if the group had any questions following the presentations.</p> <p>Some concerns were raised around this model being different to anything that has previously been used in Wales. There was also some strong support from users and parents.</p> <p>JT acknowledged the concerns around the new model's differences to what is currently in place, noting that this is an opportunity to think differently about the things which currently aren't working.</p> <p>This model embraces a new approach and is learning from what works in other countries, but does not underestimate the challenges ahead.</p> <p>JT added that she is working with the NHS and speaking to specialists to find out the constraints that they face. This model is learning to work with and be helpful to this service.</p> <p>BS clarified that this report will be sent to the Cabinet Secretary in November.</p> <p>EH added that when the report is finalised this group's role will be overseeing its implementation.</p> <p>BS thanked JT and GJ and asked them to keep the group informed of developments and next steps.</p>	<p>JT and GJ to update the group about developments of the review model</p>
Working in Schools - ABUHB Presentation	
<p>KW gave a presentation about the Team Health pilot project in Caerphilly which looks at mental health, resilience and wellbeing in school.</p> <p>BS thanked KW for the presentation.</p> <p>BS asked if the group can receive an update on the outcomes of the pilot project and plans for the future.</p>	<p>KW to update group on finding of pilot and plans for the future in due course.</p>

Grŵp Traws Bleidiol ar Anhwylderau Bwyta
Cross Party Group on Eating Disorders

Any other Business	
<p>It was agreed that the group would wait on JT's review before writing to Kirsty Williams.</p> <p>Bethan Sayed thanked everyone for their attendance and suggested that the next meeting takes place in January.</p>	<p>BS/EH to write to KW following sign off on JT's review.</p> <p>NW to look at potential dates for next meeting</p>